

Dublin Northside Bereavement Network hosts

## Living with Grief

An information evening for the public  
about bereavement with guest speaker

### Niamh Fitzpatrick

(Psychologist and sister of Capt. Dara Fitzpatrick)



The Clasac, Alfie Byrne Road, Clontarf. Thursday, 6<sup>th</sup> of February at 7.30pm

The Dublin Northside Bereavement Network are hosting a **Bereavement Information** evening this February. This event is for people bereaved through any circumstance – through illness or sudden death; and may have lost a partner, parent, child, friend, sibling, work colleague or relative. The event will provide information about grief and the range of bereavement supports available in the local area.



Our **professional speaker** who works in the area of bereavement will talk about the process of grief and the ways we can support each other.

Our **guest speaker**, Niamh Fitzpatrick, psychologist and sister of Capt. Dara Fitzpatrick, will share her experience of grieving the death of her sister Dara.



There will also be opportunities for the audience to **ask questions**, if they wish.



Many of our network members, which include local bereavement support services and professional therapeutic services, will have **information stands** at the event. People will have an opportunity to visit the stands and find out about the services they provide (*see list below for the organisations' confirmed to date*).



**Refreshments** will be available



This is a **free event** and **booking is not required**.

**Venue information:** For car parking and public transport options please visit The Clasac website: <https://www.dasac.ie> (venue is 5 mins walk from Clontarf dart station). If you have any questions about the event please contact Amanda at [amanda.roberts@hospicefoundation.ie](mailto:amanda.roberts@hospicefoundation.ie)

**Organisations confirmed to date:** *Dublin Northside Bereavement Network members: A Little Lifetime, Anam Cara, Beaumont Hospital, Bethany Bereavement Support, Connolly Hospital, Feileacain, Fingal Counselling Service, FirstLight, Irish Hospice Foundation, Mater Hospital, Resource Office for Suicide Prevention, Rotunda Hospital, St Francis Hospice Dublin. Other invited organisations: Citizen Information Service, Irish Childhood Bereavement Network, The Miscarriage Association of Ireland.*

The event is kindly sponsored by  
The Clasac and the Dublin City Council  
through the Community Grant scheme.

Clasac



The event is hosted by

Dublin Northside  
Bereavement  
Network

