

# Dublin North Bereavement Network and the South Dublin Bereavement Network hosts

## Living with grief amidst a global pandemic

An information evening for the public about bereavement with guest speaker

### Zoe Holohan

Author of 'As the Smoke Clears'

Online Event, 7.30pm, Thursday 24<sup>th</sup> of June, 2021

This online event is for people bereaved through any circumstance – through illness or sudden death; a recent death or a death from many years ago; and may have experienced the death of a partner, parent, child, friend, sibling, work colleague or relative. During the evening we will provide information about grief and the range of bereavement supports available in the Dublin region.



Our **professional speaker**, Niamh Finucane, who works in the area of bereavement, will talk about the process of grief, how the pandemic has affected our grief, how grieving the loss of someone close can affect us, what can help and ways we can support each other.



Our **guest speaker**, Zoe Holohan, the author of the recently published bestseller **'As the Smoke Clears'** will share her personal experience of coping with the sudden death of her husband Brian. Zoe has previously spoken about her journey through loss on the Late Late Show, Ireland AM, Pat Kenny on Newstalk amongst others and will discuss her process of dealing with grief, finding hope once more and some of the lessons she learned on her path to recovery.



There will also be opportunities for the audience to ask **questions**, if they wish.



Many of our network members, which include local bereavement support services and professional therapeutic services, will be at the online event. Throughout the evening we will outline the **various supports** available - from information, peer support to counselling.

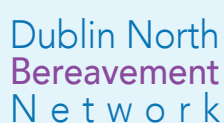


This is a **FREE event** but **BOOKING is required**. You can book your ticket through Eventbrite: <https://www.eventbrite.ie/e/living-with-grief-amid-a-global-pandemic-tickets-157670451565>  
For more information about this event contact: [amanda.roberts@hospicefoundation.ie](mailto:amanda.roberts@hospicefoundation.ie)

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