## For one whose spouse has died

Lord, you promise us that if we come to you when we are burdened you will refresh us;

I come to you with my burden of grief, loneliness and emptiness since the death of my husband/ wife

May the memory of our life together bring solace, healing and peace in my day-to day living.

Comfort me and may I be blessed as I share memories with those who love and understand me.

Amen

Composed by Sr. Sheila McAuliffe R.S.C.